

# ADULT PROGRAM

Elite Coaching & Fun Training

# OUR VISION



Tennis has always been more than just a sport for me. It's a reflection of the soul, a true school of perseverance. It's where we learn to rise after failure, to fight through adversity, and to believe in ourselves.

At CV Tennis Academy, we don't simply teach technique. We awaken the fire within. We shape character. We inspire belief in dreams. Because a true champion isn't just someone who plays the game. A true champion is someone who moves forward, even when the path is difficult, and the effort feels relentless.

The professional circuit isn't promised — but with us, every player is trained as if they were going there. With an uncompromising passion for pure technique, the right fundamentals, and a deep love for the sport.

**Whether it's for fun or to start a professional carrier, we adjust our coaching to unlock the best of every player, ensuring that even in leisure programs, every player develop a solid technique, the right gesture and a growing passion for the game.**

**Our vision is clear: We believe in excellence. Always.**

Per Tenacitatem, Ad Excellens.

**CHARLES-ROBERT VIALE**



# ADULT PROGRAM

Elite Coaching Programs

## DOMINUS PRIVATE

**Private Elite coaching tailored to your goals**

- Adults from all level
- Flexible schedule

The dominion of one. In the solitude of the court, every strike is refined, every serve mastered, every weakness turned to strength. A realm for those who wish to command their own game.

**Key Focus: Technique, serve, return, rallies.**

15 private sessions of 1h  
1 player with the Coach  
Flexible Schedule

## CONCORDIA DUO

**Elite Coaching to learn in couple or with a friend**

- Adults from all level
- Flexible schedule

The ascent of two. Friends or couples grow side by side, sharpening their skills while sharing the joy of progress. A realm where mastery is forged not alone, but together—where the bond strengthens as much as the game.

**Key Focus: Technique, serve, return, rallies.**

15 semi-private sessions of 1h  
2 players with the Coach  
Flexible Schedule



# ADULT PROGRAM

Social & Fun Programs



## LACRIMAE SUDORIS 1M

### 1 Month High Intensity & Fun Cardio Tennis Program

- Adults from all level
- 1h30/week

The tears of sweat, the spirit of camaraderie. Up to eight players gather in shared rhythm, rally after rally, where hearts beat together. Endurance, laughter, and strength are forged in unity.

**Key Focus: Fitness, footwork, camaraderie.**

1h30 group session  
Up to 8 players on court  
1 time /week

## LACRIMAE SUDORIS 3M

### 3 Months High Intensity & Fun Cardio Tennis Program

- Adults from all level
- 1h30/week

The tears of sweat, the spirit of camaraderie. Up to eight players gather in shared rhythm, rally after rally, where hearts beat together. Endurance, laughter, and strength are forged in unity.

**Key Focus: Fitness, footwork, camaraderie.**

1h30 group session  
Up to 8 players on court  
1 time /week





# A LA CARTE LESSONS

We offer a la carte lessons to provide every player with extra support when they need it — perfect for strengthening skills or preparing for the next level.

Private lesson:	1h
Semi-Private lesson:	1h
Group lesson:	1h



# CONTACT US



CALL US / WHATSAPP

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VISIT OUR WEBSITE

CVTENNISACADEMY.COM